

BLOC Steyning Triathlon 2010 - Swim Start List. PLEASE BE ON POOLSIDE 10-15 MINS BEFORE APPROX START TIME

| Race | Nos | First Name | Last Name | Gender | Age | BTF Club or Location | Swim | Approx |
|------------------|------------|------------|--------------|--------|-----|------------------------------------|-------|-----------------|
| Standard | 111 | Simon | Turk | | | | 23:00 | 06:00hrs |
| Standard Non BTF | 110 | Chris | Evans | Male | 55 | Tuff Fitty Triathlon Club | 23:00 | 06:00hrs |
| Standard Non BTF | 109 | Richard | Coles | Male | 32 | Derby | 23:00 | 06:00hrs |
| Standard Non BTF | 108 | Shaz | John | Male | 33 | Balham | 23:00 | 06:00hrs |
| Standard BTF | 107 | Dylan | Magnay | Male | 26 | Southend-on-Sea | 23:00 | 06:00hrs |
| Standard Non BTF | 106 | cathryn | walsh | Female | 41 | Brighton | 23:00 | 06:00hrs |
| Standard BTF | 105 | Gary | Blunt | Male | 47 | Crystal Palace Triathletes | 20:00 | 06:00hrs |
| Standard Non BTF | 104 | Daniel | Mccormick | Male | 30 | Hove | 20:00 | 06:00hrs |
| Standard Non BTF | 103 | Kevin | James | Male | 35 | Mid Sussex Triathlon Club | 20:00 | 06:00hrs |
| Standard Non BTF | 102 | Chris | Luche | Male | 26 | otford | 20:00 | 06:00hrs |
| Standard Non BTF | 101 | Paul | Reynolds | Male | 33 | Chichester | 20:00 | 06:00hrs |
| Standard Non BTF | 100 | Steve | Clough-Young | Male | 50 | West Chiltington | 20:00 | 06:00hrs |
| Standard Non BTF | 99 | Stuart | Gillespie | Male | 43 | West Chiltington | 20:00 | 06:00hrs |
| Standard Non BTF | 98 | Alistair | Aird | Male | 41 | PSOF | 20:00 | 06:00hrs |
| Standard Non BTF | 97 | Jack | Miles | Male | 25 | Team Hell for Leather | 20:00 | 06:00hrs |
| Standard Non BTF | 96 | Nancy | Doyle | Female | 34 | Haywards Heath | 19:30 | 06:00hrs |
| Standard Non BTF | 95 | james | andrews | Male | 35 | tongham | 19:30 | 06:17hrs |
| Standard Non BTF | 94 | Maria | Lees | Female | 43 | Burgess Hill | 19:00 | 06:17hrs |
| Standard Non BTF | 93 | sarah | miller | Female | 38 | burgess hill | 19:00 | 06:18hrs |
| Standard Non BTF | 92 | Jessica | McMorris | Female | 45 | Haywards Heath | 19:00 | 06:18hrs |
| Standard Non BTF | 91 | John | Birkens | Male | 50 | Horsham | 18:30 | 06:18hrs |
| Standard BTF | 90 | Anthony | Lansdowne | Male | 39 | Godalming | 18:00 | 06:18hrs |
| Standard BTF | 89 | Karen | Pattison | Female | 40 | triathlonengland | 18:00 | 06:19hrs |
| Standard Non BTF | 88 | Rob | Kinnison | Male | 46 | Amphibians 2 TC | 18:00 | 06:19hrs |
| Standard Non BTF | 87 | Paul | Andrews | Male | 27 | Brighton | 18:00 | 06:19hrs |
| Standard Non BTF | 86 | Ian | Wheeler | Male | 43 | Pevensey | 18:00 | 06:20hrs |
| Standard Non BTF | 85 | Allan | Struthers | Male | 36 | London | 18:00 | 06:20hrs |
| Standard Non BTF | 84 | Chris | Jones | Male | 43 | Brighton | 18:00 | 06:20hrs |
| Standard Non BTF | 83 | Will | Fraser | Male | 19 | Hurstpierpoint | 18:00 | 06:21hrs |
| Standard Non BTF | 82 | Joseph | Smallshaw | Male | | Chislehurst | 18:00 | 06:21hrs |
| Standard Non BTF | 81 | David | Heels | Male | 47 | Leeds & Bradford TC | 17:30 | 06:21hrs |
| Standard Non BTF | 80 | Lucy | Summerfield | Female | 32 | Chichester Westgate Triathlon Club | 17:20 | 06:25hrs |
| Standard BTF | 79 | Matthew | King | Male | 34 | London | 17:00 | 06:34hrs |
| Standard Non BTF | 78 | ROBERT | OTOOLE | Male | 38 | bristol | 17:00 | 06:35hrs |
| Standard Non BTF | 77 | Daniel | King | Male | 26 | Chelmsford | 17:00 | 06:35hrs |
| Standard Non BTF | 76 | john | dolan | Male | 52 | Worthing | 17:00 | 06:35hrs |
| Standard Non BTF | 75 | ian | ogborn | Male | 40 | Mid Sussex Triathlon Club | 17:00 | 06:35hrs |
| Standard Non BTF | 74 | john | bullard | Male | 44 | chichester westgate tri club | 16:30 | 06:35hrs |
| Standard BTF | 73 | daryl | gowlett | Male | 41 | burgess hill | 16:00 | 06:35hrs |
| Standard BTF | 72 | Simon | Booth | Male | 49 | 7oaks Tri Club | 16:00 | 06:35hrs |
| Standard BTF | 71 | stu | white | Male | 40 | Brighton Excelsior CC | 16:00 | 06:36hrs |
| Standard BTF | 70 | Stephen | Smith | Male | 58 | Tri Sport Epping | 16:00 | 06:36hrs |
| Standard BTF | 69 | adrian | willard | Male | 35 | Tuff Fitty Triathlon Club | 16:00 | 06:36hrs |
| Standard Non BTF | 68 | Claire | Edmonds | Female | 34 | David Lloyd Brighton | 16:00 | 06:36hrs |
| Standard Non BTF | 67 | Adam | Underhill | Male | 32 | Farnham Triathlon Club | 16:00 | 06:36hrs |
| Standard Non BTF | 66 | Hazel | Tuppen | Female | 23 | Mid Sussex Triathlon Club | 16:00 | 06:36hrs |
| Standard Non BTF | 65 | Marcus | Leake | Male | 44 | Horsham | 16:00 | 06:50hrs |
| Standard Non BTF | 64 | Neil | Cann | Male | 46 | Ashington | 16:00 | 06:50hrs |
| Standard Non BTF | 63 | Daniel | King | Male | 26 | Chelmsford | 16:00 | 06:50hrs |
| Standard Non BTF | 62 | Andrew | Moulding | Male | 46 | Worthing | 16:00 | 06:51hrs |
| Standard | 61 | Trevor | Moore | Male | 42 | Mid Sussex Tri Club | 15:30 | 06:51hrs |
| Standard BTF | 60 | Richard | Pettifor | Male | 44 | Brighton Multisports | 15:30 | 06:51hrs |
| Standard BTF | 59 | Mike | Everington | Male | 50 | Kingfisher Triathletes | 15:30 | 06:51hrs |
| Standard BTF | 58 | spencer | lee | Male | 40 | Larkfield AC | 15:30 | 06:51hrs |
| Standard Non BTF | 57 | Jamie | Wheeler | Male | 29 | Worthing | 15:30 | 06:51hrs |
| Standard Non BTF | 56 | Barry | Goodhew | Male | 41 | Hove | 15:30 | 06:51hrs |
| Standard BTF | 55 | Eleanor | Doody | Female | 37 | Ful-on-Tri | 15:00 | 06:51hrs |
| Standard BTF | 54 | Matthew | Dunn | Male | 34 | Bodyworks XTC | 15:00 | 06:51hrs |
| Standard BTF | 53 | Wendy | Martin | Female | 38 | Born 2 Tri | 15:00 | 06:51hrs |
| Standard BTF | 52 | Stuart | Mills | Male | 35 | Born 2 Tri | 15:00 | 06:51hrs |
| Standard BTF | 51 | Stuart | Wilson | Male | 41 | Chichester Westgate Triathlon Club | 15:00 | 06:51hrs |
| Standard BTF | 50 | Steve | Cresswell | Male | 35 | Crawley Triathlon Club | 15:00 | 06:51hrs |

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| Standard BTF | 49 | Jenni | van Deelen | Female | 42 | Canterbury | 15:00 | 06:51hrs |
| Standard Non BTF | 48 | Martin | Meleady | Male | 41 | Bath Amphibians Tri Club | 15:00 | 07:05hrs |
| Standard Non BTF | 47 | Sean | Scott | Male | 33 | Brighton | 15:00 | 07:05hrs |
| Standard Non BTF | 46 | JAMES | DEAR | Male | 35 | Mid Sussex Triathlon Club | 15:00 | 07:06hrs |
| Standard Non BTF | 45 | simon | williams | Male | 45 | eastbourne | 15:00 | 07:06hrs |
| Standard BTF | 44 | Diana | Trafford | Female | 58 | Dr Love & The Disciples | 14:30 | 07:06hrs |
| Standard Non BTF | 43 | graham | hill | Male | 50 | Amphibians 2 TC | 14:30 | 07:06hrs |
| Standard Non BTF | 42 | Jeremy | Howard | Male | 39 | TriTalk.co.uk | 14:30 | 07:06hrs |
| Standard BTF | 41 | Adrian | Brown | Male | 55 | Steyning AC | 14:20 | 07:06hrs |
| Standard BTF | 40 | Deborah | Evers | Female | 50 | Brighton Phoenix Tri | 14:15 | 07:06hrs |
| Standard | 39 | John | Marenko | male | 45 | Brighton Phoenix Tri | 14:10 | 07:06hrs |
| Standard BTF | 38 | Chris | Mills | Male | 25 | Brighton Phoenix Tri | 14:00 | 07:06hrs |
| Standard BTF | 37 | Ian | Jones | Male | 31 | Crawley Triathlon Club | 14:00 | 07:06hrs |
| Standard BTF | 36 | Simon | Saunders | Male | 39 | TriTalk.co.uk | 14:00 | 07:06hrs |
| Standard Non BTF | 35 | David | Summerfield | Male | 34 | Chichester Westgate Triathlon Club | 14:00 | 07:06hrs |
| Standard Non BTF | 34 | Andy | Rickards | Male | 35 | Farnham Triathlon Club | 14:00 | 07:06hrs |
| Standard Non BTF | 33 | Bernadette | Blore | Female | 30 | Brighton | 14:00 | 07:06hrs |
| Standard Non BTF | 32 | Fraser | Sim | Male | 39 | Hove | 14:00 | 07:20hrs |
| Standard Non BTF | 31 | Garry | Saunders | Male | 42 | Shoreham Rowing Club | 14:00 | 07:20hrs |
| Standard Non BTF | 30 | clive | lett | Male | 45 | Tuff Fitty Triathlon Club | 14:00 | 07:20hrs |
| Standard BTF | 29 | Mark | Darcy | Male | 35 | Team feat | 13:30 | 07:20hrs |
| Standard BTF | 28 | Justin | Davies | Male | 40 | TriTalk.co.uk | 13:30 | 07:20hrs |
| Standard BTF | 27 | Penny-marie | Newcombe | Female | 43 | TriTalk.co.uk | 13:30 | 07:20hrs |
| Standard Non BTF | 26 | CHRISTOPHER | LEVITT | Male | 39 | Tuff Fitty Triathlon Club | 13:30 | 07:20hrs |
| Standard BTF | 25 | David | Lashbrook | Male | 38 | Mid Sussex Triathlon Club | 13:20 | 07:20hrs |
| Standard BTF | 24 | Claire | Cresswell | Female | 37 | Mid Sussex Triathlon Club | 13:20 | 07:20hrs |
| Standard BTF | 23 | Claire | Hitchings | Female | 40 | 7oaks Tri Club | 13:15 | 07:20hrs |
| Standard BTF | 22 | Moyra | Amess | Female | 44 | Steyning AC | 13:00 | 07:20hrs |
| Standard BTF | 21 | mary | campbell | Female | 35 | Chichester Westgate Triathlon Club | 13:00 | 07:20hrs |
| Standard BTF | 20 | mark | Gower | Male | 34 | Crawley Triathlon Club | 13:00 | 07:20hrs |
| Standard BTF | 19 | Gary | Locker | Male | 40 | Tuff Fitty Triathlon Club | 13:00 | 07:20hrs |
| Standard BTF | 18 | Dave | Higgins | Male | 43 | vaughans chancers | 13:00 | 07:20hrs |
| Standard BTF | 17 | Mike | Porteous | Male | 52 | Amphibians 2 TC | 12:40 | 07:20hrs |
| Standard BTF | 16 | Malcolm | Hughes | Male | 49 | Brighton Phoenix Tri | 12:30 | 07:20hrs |
| Standard BTF | 15 | Daniel | McParland | Male | 29 | C.O.L.T. (City of Lancaster Triathlon) | 12:00 | 07:33hrs |
| Standard BTF | 14 | Keith | Everley | Male | 52 | Chichester Westgate Tri Club | 12:00 | 07:33hrs |
| Standard BTF | 13 | Phil | Gall | Male | 40 | SLH Tri Club | 12:00 | 07:33hrs |
| Standard Non BTF | 12 | Till | Sanderson | Male | 41 | Eastbourne | 12:00 | 07:33hrs |
| Standard Non BTF | 11 | Stuart | Durand | Male | 40 | Esporta Brighton | 12:00 | 07:33hrs |
| Standard Non BTF | 10 | jeremy | walker | Male | 37 | brighton | 12:00 | 07:33hrs |
| Standard Non BTF | 9 | Paul | Garner | Male | 41 | Amphibians 2 TC | 12:00 | 07:33hrs |
| Standard Non BTF | 8 | nicole | patterson | Female | 39 | Tuff Fitty Triathlon Club | 11:45 | 07:33hrs |
| Standard | 7 | Mark | Tickner | Male | 40 | Amphibians 2 TC | 11:30 | 07:33hrs |
| Standard Non BTF | 6 | Lincoln | Germiquet | Male | 26 | Amphibians 2 TC | 11:30 | 07:33hrs |
| Standard BTF | 5 | Kevin | Pearson | Male | 41 | Tuff Fitty Triathlon Club | 10:40 | 07:33hrs |
| Standard BTF | 4 | Mark | Davies | Male | 22 | Ferring | 10:40 | 07:33hrs |
| Standard BTF | 3 | Andrew | Soppitt | Male | 46 | Chichester Westgate Tri Club | 10:30 | 07:33hrs |
| Standard BTF | 2 | Eric | SALOMON | Male | 43 | Esporta Brighton | 10:15 | 07:33hrs |
| Standard BTF | 1 | Gary | Kurth | Male | 32 | Wight Tri | 10:00 | 07:33hrs |
| Race | Nos | First Name | Last Name | Gender | Age | BTF Club or Location | Swim | Approx |
| Relay | 112 | Annie | Lambert | Female | 40 | Bridgnorth | 23:00 | 07:43hrs |
| Relay | 113 | David | Proud | Male | 61 | Tonbridge | 17:00 | 07:43hrs |
| Relay | 114 | Sally | Clarke | Female | 47 | Weybridge | 21:00 | 07:43hrs |
| Race | Nos | First Name | Last Name | Gender | Age | BTF Club or Location | Swim | Approx |
| Sprint Non BTF | 376 | Carlos | Araujo | Male | 37 | London | 22:00 | 08:00hrs |
| Sprint BTF | 375 | kieran | lewer | Male | 40 | crawley | 22:00 | 08:00hrs |
| Sprint Non BTF | 374 | xenia | tonkinson | Female | 40 | brighton | 22:00 | 08:00hrs |
| Sprint Non BTF | 373 | Caroline | Robinson | Female | 43 | Thakeham | 21:00 | 08:00hrs |
| Sprint Non BTF | 372 | Alison | Lake | Female | 41 | Haywards Heath | 20:00 | 08:00hrs |
| Sprint Non BTF | 371 | nicholas | jones | Male | 37 | london | 20:00 | 08:00hrs |
| Sprint Non BTF | 370 | maja | malic | Female | 34 | worthing | 20:00 | 08:00hrs |
| Sprint Non BTF | 369 | Joanne | Kellard | Female | 34 | Worcester Park | 16:00 | 08:00hrs |
| Sprint Non BTF | 368 | Mark | Williamson | Male | 43 | Felpham | 15:00 | 08:00hrs |
| Sprint Non BTF | 367 | Hanne | Efskind | Female | 35 | London | 15:00 | 08:00hrs |

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| Sprint Non BTF | 366 | Tim | Hall | Male | 31 | Brighton | 15:00 | 08:00hrs |
| Sprint Non BTF | 365 | Nicola | Swan | Female | 30 | Brighton | 15:00 | 08:00hrs |
| Sprint Non BTF | 364 | Steven | Wetheridge | Male | 55 | London | 15:00 | 08:13hrs |
| Sprint Non BTF | 363 | Jacob | Lock | Male | 26 | Lewes | 14:00 | 08:13hrs |
| Sprint Non BTF | 362 | Elaine | Quinn | Female | 45 | Brighton | 14:00 | 08:13hrs |
| Sprint Non BTF | 361 | Chris | Naylor | Female | 55 | Brighton | 13:00 | 08:13hrs |
| Sprint Non BTF | 360 | Sophie | Greengrass | Female | 39 | Shoreham-by-Sea | 13:00 | 08:13hrs |
| Sprint Non BTF | 359 | Clare | Parkinson | Female | 48 | Lindfield | 12:30 | 08:13hrs |
| Sprint Non BTF | 358 | ANTHONY | HOLLAND | Male | 30 | WORTHING | 12:00 | 08:13hrs |
| Sprint Non BTF | 357 | Greg | Middleton | Male | 39 | Worthing | 12:00 | 08:13hrs |
| Sprint Non BTF | 356 | Jackie | Williamson | Female | 42 | Felpham | 12:00 | 08:15hrs |
| Sprint Non BTF | 355 | Rosemary | Lucas | Female | 48 | Chichester Westgate Triathlon Club | 11:00 | 08:15hrs |
| Sprint Non BTF | 354 | Barbara | Murray | Female | 29 | Guildford | 11:00 | 08:15hrs |
| Sprint Non BTF | 353 | Nick | Saunders | Male | 42 | West Chiltington | 11:00 | 08:15hrs |
| Sprint Non BTF | 352 | Barry | Kneale | Male | 46 | Littlehampton | 11:00 | 08:15hrs |
| Sprint Non BTF | 351 | David | Clark | Male | 45 | Findon Village | 11:00 | 08:15hrs |
| Sprint Non BTF | 350 | ken | smith | Male | 60 | Seaford | 11:00 | 08:15hrs |
| Sprint Non BTF | 349 | Mark | Ansell | Male | 32 | Poynings | 11:00 | 08:15hrs |
| Sprint BTF | 348 | Neil | Baker | Male | 46 | Nr Hassocks | 11:00 | 08:25hrs |
| Sprint BTF | 347 | MARTIN | BUTCHER | Male | 52 | Tuff Fitty Triathlon Club | 11:00 | 08:25hrs |
| Sprint Non BTF | 346 | Richard | Wampler | Male | 37 | Nimy | 10:45 | 08:25hrs |
| Sprint Non BTF | 345 | Murdo | Munro | Male | 48 | Hove | 10:00 | 08:25hrs |
| Sprint Non BTF | 344 | Jenna | Warren | Female | 22 | Gravesend | 10:00 | 08:25hrs |
| Sprint Non BTF | 343 | Michelle | Costar | Female | 33 | Crawley | 10:00 | 08:25hrs |
| Sprint Non BTF | 342 | Maxine | Saunders | Female | 45 | Cranleigh | 10:00 | 08:25hrs |
| Sprint Non BTF | 341 | Oliver | Sampson | Male | 36 | Worthing | 10:00 | 08:25hrs |
| Sprint Non BTF | 340 | Matt | Mandelbaum | Male | 27 | PSOF | 10:00 | 08:25hrs |
| Sprint Non BTF | 339 | Stuart | Bunt | Male | 46 | South London Harriers | 10:00 | 08:25hrs |
| Sprint Non BTF | 338 | Gavin | Bernard | Male | 35 | Tuff Fitty Triathlon Club | 10:00 | 08:25hrs |
| Sprint Non BTF | 337 | Murray | Hodge | Male | 42 | Tuff Fitty Triathlon Club | 10:00 | 08:25hrs |
| Sprint Non BTF | 336 | Stacy | Hixon | Female | 29 | Tuff Fitty Triathlon Club | 10:00 | 08:25hrs |
| Sprint BTF | 335 | jane | jobson | Female | 36 | ramsgate | 10:00 | 08:25hrs |
| Sprint | 334 | Zoe | Faragher | Female | 25 | Team Faragher | 10:00 | 08:25hrs |
| Sprint Non BTF | 333 | Judith | Carder | Female | 53 | Brighton | 09:58 | 08:35hrs |
| Sprint Non BTF | 332 | Mitch | Beckinsale | Male | 41 | Tuff Fitty Triathlon Club | 09:30 | 08:35hrs |
| Sprint BTF | 331 | George | Standen | Male | 60 | East Grinstead Tri Club | 09:30 | 08:35hrs |
| Sprint BTF | 330 | Rose | Ryan | Female | 47 | Mid Sussex Triathlon Club | 09:30 | 08:35hrs |
| Sprint BTF | 329 | Mike | Hawkins | Male | 55 | Velocity | 09:20 | 08:35hrs |
| Sprint Non BTF | 328 | Samantha | Wills | Female | 34 | Chichester Westgate Triathlon Club | 09:00 | 08:35hrs |
| Sprint Non BTF | 327 | Gavin | Clark | Male | 28 | Royston | 09:00 | 08:35hrs |
| Sprint Non BTF | 326 | Harriet | Fearn | Female | 30 | Brighton | 09:00 | 08:35hrs |
| Sprint Non BTF | 325 | MEREDYDD | HARRIES | Male | 52 | FINDON | 09:00 | 08:35hrs |
| Sprint Non BTF | 324 | Anna | Saunders | Female | 38 | West Chiltington | 09:00 | 08:35hrs |
| Sprint Non BTF | 323 | Mandy | Border | Female | 34 | East Grinstead | 09:00 | 08:35hrs |
| Sprint Non BTF | 322 | Matt | Akers | Male | 30 | Ashford | 09:00 | 08:35hrs |
| Sprint Non BTF | 321 | Adam | Mayes | Male | 26 | Storrington | 09:00 | 08:35hrs |
| Sprint Non BTF | 320 | Lucy | Rolfe | Female | 31 | Waterlooville | 09:00 | 08:35hrs |
| Sprint Non BTF | 319 | Ian | Young | Male | 31 | London | 09:00 | 08:35hrs |
| Sprint Non BTF | 318 | F Jane | Rice | Female | 42 | Worthing | 09:00 | 08:35hrs |
| Sprint Non BTF | 317 | Mark | Chadd | Male | 53 | Seaford Striders | 09:00 | 08:44hrs |
| Sprint Non BTF | 316 | Howard | BAYLEY | Male | 36 | Tuff Fitty Triathlon Club | 09:00 | 08:44hrs |
| Sprint Non BTF | 315 | SIMON | PALMER | Male | 43 | Tuff Fitty Triathlon Club | 09:00 | 08:44hrs |
| Sprint Non BTF | 314 | Ken | Gormanly | Male | 60 | Worthing | 09:00 | 08:44hrs |
| Sprint BTF | 313 | Julian | Kearney | Male | 46 | Thames Turbo | 09:00 | 08:44hrs |
| Sprint BTF | 312 | Oliver | Johnson | Male | 42 | Tuff Fitty Triathlon Club | 09:00 | 08:44hrs |
| Sprint Non BTF | 311 | Rachel | Watkins | Female | 33 | Horsham | 08:40 | 08:44hrs |
| Sprint Non BTF | 310 | Adrian | Parker | Male | 35 | Worthing | 08:30 | 08:44hrs |
| Sprint Non BTF | 309 | Richard | Carter | Male | 37 | Haywards Heath | 08:30 | 08:44hrs |
| Sprint Non BTF | 308 | Rachel | Paddock | Female | 28 | London | 08:30 | 08:44hrs |
| Sprint Non BTF | 307 | Ben | Poate | Male | 32 | Teddington | 08:30 | 08:44hrs |
| Sprint Non BTF | 306 | Mark | Tikerpae | Male | 37 | Long Ditton | 08:30 | 08:44hrs |
| Sprint Non BTF | 305 | Charlie | Evans | Male | 16 | Shoreham Rowing Club | 08:30 | 08:44hrs |
| Sprint Non BTF | 304 | Tracy | Fuller | Female | 47 | Team Lifestyle | 08:30 | 08:44hrs |
| Sprint Non BTF | 303 | Anthony | Randall-May | Male | 40 | Tuff Fitty Triathlon Club | 08:30 | 08:44hrs |

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| Sprint BTF | 302 | Jennie | Doyle | Female | 33 | Horsham | 08:30 | 08:44hrs |
| Sprint BTF | 301 | christopher | keeler | Male | 27 | The Tom Hills Experience | 08:15 | 08:44hrs |
| Sprint Non BTF | 300 | Arthur | Baylis | Male | 29 | Tuff Fitty Triathlon Club | 08:12 | 08:52hrs |
| Sprint Non BTF | 299 | Peter | Apps | Male | 45 | Worthing | 08:10 | 08:52hrs |
| Sprint Non BTF | 298 | STUART | TOWNSEND | Male | 32 | Brighton Phoenix Tri | 08:00 | 08:52hrs |
| Sprint Non BTF | 297 | Stephen | Donovan | Male | 34 | Godalming | 08:00 | 08:52hrs |
| Sprint Non BTF | 296 | Colin | Millard | Male | 31 | Horsham | 08:00 | 08:52hrs |
| Sprint Non BTF | 295 | Diane | Eggitt | Female | 36 | Ashington | 08:00 | 08:52hrs |
| Sprint Non BTF | 294 | Eric | Poirrier | Male | 34 | Worthing | 08:00 | 08:52hrs |
| Sprint Non BTF | 293 | David | Clarke | Male | 50 | Worthing | 08:00 | 08:52hrs |
| Sprint Non BTF | 292 | Mark | Howell | Male | 47 | Worthing | 08:00 | 08:52hrs |
| Sprint Non BTF | 291 | Freddie | Carr | Male | 32 | Brighton | 08:00 | 08:52hrs |
| Sprint Non BTF | 290 | Christopher | Hall | Male | 43 | SLH Tri Club | 08:00 | 08:52hrs |
| Sprint Non BTF | 289 | Adrian | Mortimer | Male | 31 | Tuff Fitty Triathlon Club | 08:00 | 08:52hrs |
| Sprint Non BTF | 288 | Rebecca | McCardle | Female | 35 | Tuff Fitty Triathlon Club | 08:00 | 08:52hrs |
| Sprint BTF | 287 | Alastair | Kennaugh | Male | 59 | Royal Navy Triathlon | 08:00 | 08:52hrs |
| Sprint BTF | 286 | Grahame | Moss | Male | 31 | Team T.H.T | 08:00 | 09:00hrs |
| Sprint BTF | 285 | steve | jones | Male | 45 | Tuff Fitty Triathlon Club | 08:00 | 09:00hrs |
| Sprint BTF | 284 | Jon | Mays | Male | 48 | Tuff Fitty Triathlon Club | 08:00 | 09:00hrs |
| Sprint | 283 | Steven | Farrow | Male | 37 | The Tom Hills Experience | 08:00 | 09:00hrs |
| Sprint | 282 | Nathan | Gosling | Male | | Team RNRM Tri | 08:00 | 09:00hrs |
| Sprint | 281 | Sophie | Guess | Female | 35 | Tuff Fitty Tri Club | 08:00 | 09:00hrs |
| Sprint Non BTF | 280 | spencer | kemp | Male | 59 | Dr Love & The Disciples | 08:00 | 09:00hrs |
| Sprint Non BTF | 279 | Jon | Cusselle | Male | 45 | Holmes Chapel | 08:00 | 09:00hrs |
| Sprint Non BTF | 278 | Tracy | Caudle | Female | 44 | East Grinstead | 08:00 | 09:00hrs |
| Sprint Non BTF | 277 | Piers | Parker | Male | 36 | Steyning AC | 08:00 | 09:00hrs |
| Sprint Non BTF | 276 | Nigel | Smith | Male | 43 | Tuff Fitty Triathlon Club | 08:00 | 09:00hrs |
| Sprint BTF | 275 | Freddie | O'borne | Male | 71 | Independent | 08:00 | 09:00hrs |
| Sprint BTF | 274 | Nigel | Killner | Male | 42 | Team THT | 08:00 | 09:00hrs |
| Sprint Non BTF | 273 | Rachael | Webber | Female | 31 | South London Harriers | 07:55 | 09:00hrs |
| Sprint Non BTF | 272 | Penny | Bugden | Female | 33 | Teddington | 07:50 | 09:00hrs |
| Sprint Non BTF | 271 | Garret | Turley | Male | 42 | Arundel | 07:45 | 09:00hrs |
| Sprint Non BTF | 270 | tony | pearce | Male | 51 | Brighton Esporta | 07:45 | 09:08hrs |
| Sprint Non BTF | 269 | Nick | Green | Male | 38 | Redhill | 07:45 | 09:08hrs |
| Sprint BTF | 268 | Richard | Pearson | Male | 62 | Esporta Brighton | 07:45 | 09:08hrs |
| Sprint BTF | 267 | Darren | Howe | Male | 41 | Horsham | 07:45 | 09:08hrs |
| Sprint BTF | 266 | Dominic | Amey | Male | 39 | Tuff Fitty Triathlon Club | 07:45 | 09:08hrs |
| Sprint Non BTF | 265 | Andy | Ashton | Male | 39 | Brighton | 07:40 | 09:08hrs |
| Sprint Non BTF | 264 | Graham | Parsons | Male | 53 | Dr Love & The Disciples | 07:40 | 09:08hrs |
| Sprint Non BTF | 263 | Martin | Gill | Male | 40 | Tuff Fitty Triathlon Club | 07:35 | 09:08hrs |
| Sprint Non BTF | 262 | ross | mason | Male | 27 | Esporta Brighton | 07:30 | 09:08hrs |
| Sprint Non BTF | 261 | Nikki | Dow | Female | 35 | Handcross | 07:30 | 09:08hrs |
| Sprint Non BTF | 260 | Steve | Delpy | Male | 33 | Balcombe | 07:30 | 09:08hrs |
| Sprint Non BTF | 259 | Gary | Gathergood | Male | 54 | Shoreham-by-Sea | 07:30 | 09:08hrs |
| Sprint Non BTF | 258 | Victoria | Pooley | Female | 29 | Hurstpierpoint | 07:30 | 09:08hrs |
| Sprint BTF | 257 | Sue | Eaton | Female | 63 | Bodyworks XTC | 07:30 | 09:08hrs |
| Sprint BTF | 256 | DAVID | KITT | Male | 45 | CHICHESTER WESTGATE TRI CLUB | 07:30 | 09:08hrs |
| Sprint BTF | 255 | robert | cowan | Male | 28 | dover | 07:30 | 09:08hrs |
| Sprint BTF | 254 | Colin | Bushby | Male | 63 | Esporta Brighton | 07:30 | 09:08hrs |
| Sprint BTF | 253 | andy | young | Male | 54 | Steyning AC | 07:30 | 09:15hrs |
| Sprint BTF | 252 | Dave | McMahon | Male | 46 | Tuff Fitty Triathlon Club | 07:30 | 09:15hrs |
| Sprint BTF | 251 | Andrew | Ruffer | Male | 34 | Tuff Fitty Triathlon Club | 07:30 | 09:15hrs |
| Sprint BTF | 250 | Steve | Feest | Male | 53 | Tuff Fitty Triathlon Club | 07:25 | 09:15hrs |
| Sprint BTF | 249 | Elaine | Scott | Female | 61 | Steyning AC | 07:20 | 09:15hrs |
| Sprint Non BTF | 248 | Liz | Claridge | Female | 39 | Steyning | 07:15 | 09:15hrs |
| Sprint Non BTF | 247 | Graham | Liddell | Male | 47 | Tuff Fitty Triathlon Club | 07:15 | 09:15hrs |
| Sprint BTF | 246 | Alistair | Baldwin | Male | 38 | Brighton | 07:15 | 09:15hrs |
| Sprint Non BTF | 245 | Joan | Graff | Female | 40 | East Grinstead Tri Club | 07:00 | 09:15hrs |
| Sprint Non BTF | 244 | Claire | Jonas | Female | 40 | Burgess Hill | 07:00 | 09:15hrs |
| Sprint Non BTF | 243 | Graeme | Beeson | Male | 45 | Chandlers Ford | 07:00 | 09:15hrs |
| Sprint Non BTF | 242 | Eleanor | Cross | Female | 18 | Forest Row | 07:00 | 09:15hrs |
| Sprint Non BTF | 241 | Mark | Anderson | Male | 40 | Tuff Fitty Triathlon Club | 07:00 | 09:15hrs |
| Sprint Non BTF | 240 | Steve | Kircher | Male | 43 | Brighton | 07:00 | 09:15hrs |
| Sprint Non BTF | 239 | tessa | sandilands | Female | 38 | Phoenix Triathlon Club | 07:00 | 09:15hrs |

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|----------------|------------|--------------|-------------|--------|----|--------------------------------------|-------|-----------------|
| Sprint Non BTF | 238 | Angela | Gates | Female | 32 | Thakeham | 07:00 | 09:15hrs |
| Sprint BTF | 237 | kate | chapman | Female | 25 | 7oaks Tri Club | 07:00 | 09:22hrs |
| Sprint BTF | 236 | Steve | Wigmore | Male | 48 | Amphibians 2 TC | 07:00 | 09:22hrs |
| Sprint BTF | 235 | Paul Raymond | Williams | Male | 40 | Bodyworks XTC | 07:00 | 09:22hrs |
| Sprint BTF | 234 | Lizzie | Gerard | Female | 25 | Chichester Triathlon CLub | 07:00 | 09:22hrs |
| Sprint BTF | 233 | Glenn | Wallis | Male | 44 | South Croydon | 07:00 | 09:22hrs |
| Sprint BTF | 232 | Robert | Mountain | Male | 30 | Tuff Fitty Triathlon Club | 07:00 | 09:22hrs |
| Sprint Non BTF | 231 | Micaela | Floyd | Female | 36 | Tuff Fitty Triathlon Club | 06:55 | 09:22hrs |
| Sprint BTF | 230 | Richard | Hobbs | Male | 32 | Tuff Fitty Triathlon Club | 06:55 | 09:22hrs |
| Sprint Non BTF | 229 | Ryan | Flinn | Male | 24 | Horsham | 06:50 | 09:22hrs |
| Sprint | 228 | Graham | Powell | Male | 46 | The Tom Hills Experience | 06:45 | 09:22hrs |
| Sprint Non BTF | 227 | John | Murphy | Male | 50 | Kingston upon Thames | 06:40 | 09:28hrs |
| Sprint Non BTF | 226 | Andy | Vickerstaff | Male | 29 | London | 06:30 | 09:28hrs |
| Sprint Non BTF | 225 | Lee | Basset | Male | 31 | Hove | 06:30 | 09:28hrs |
| Sprint Non BTF | 224 | Jay | Francis | Male | 28 | London | 06:30 | 09:28hrs |
| Sprint Non BTF | 223 | karn | sandilands | Male | 37 | Phoenix Triathlon Club | 06:30 | 09:28hrs |
| Sprint BTF | 222 | Anthony | Towers | Male | 44 | Tuff Fitty Triathlon Club | 06:30 | 09:28hrs |
| Sprint | 221 | Tony | Donnelly | Male | 49 | The Tom Hills Experience | 06:30 | 09:28hrs |
| Sprint | 220 | Paul | Blackmore | Male | 44 | The Tom Hills Experience | 06:30 | 09:28hrs |
| Sprint Non BTF | 219 | Guy | Hutchings | Male | 30 | Hurstpierpoint | 06:20 | 09:28hrs |
| Sprint Non BTF | 218 | Nicky | Carsons | Female | 47 | Worthing | 06:20 | 09:28hrs |
| Sprint BTF | 217 | Frederique | Sumption | Female | 31 | Greenwich Tritons | 06:20 | 09:35hrs |
| Sprint Non BTF | 216 | Tom | Taylor | Male | 19 | Amphibians 2 TC | 06:15 | 09:35hrs |
| Sprint | 215 | James | Stewart | Male | 39 | The Tom Hills Experience | 06:15 | 09:35hrs |
| Sprint Non BTF | 214 | GARY | BRIND | Male | 36 | Steyning AC | 06:10 | 09:35hrs |
| Sprint Non BTF | 213 | Patrick | O'Brien | Male | 32 | Oxted | 06:00 | 09:35hrs |
| Sprint Non BTF | 212 | Dominic | Chapman | Male | 38 | Tuff Fitty Triathlon Club | 06:00 | 09:35hrs |
| Sprint Non BTF | 211 | Andy | Strong | Male | 25 | Tuff Fitty Triathlon Club | 06:00 | 09:35hrs |
| Sprint BTF | 210 | Lisa | Robinson | Female | 42 | Worth | 06:00 | 09:35hrs |
| Sprint BTF | 209 | Chris | Hill | Male | 31 | Serpentine RC | 06:00 | 09:35hrs |
| Sprint | 208 | Niki | Treacy | Female | 45 | Team REP | 06:00 | 09:35hrs |
| Sprint | 207 | Lee | Cullen | Male | 24 | Team REP | 06:00 | 09:35hrs |
| Sprint Non BTF | 206 | David | Jones | Male | 31 | MSTC / David Jones Personal Training | 05:55 | 09:35hrs |
| Sprint BTF | 205 | Martin | Darlison | Male | 49 | East Grinstead Tri Club | 05:55 | 09:35hrs |
| Sprint BTF | 204 | shane | pepler | Male | 28 | whitstble | 05:50 | 09:35hrs |
| Sprint BTF | 203 | Andrew | Eaton | Male | 48 | Bodyworks XTC | 05:40 | 09:35hrs |
| Sprint BTF | 202 | Tom | Wilson | Male | 28 | Chichester Westgate Triathlon Club | 05:00 | 09:35hrs |
| Sprint | 201 | Sam | Herridge | Female | 33 | The Tom Hills Experience | 04:50 | 09:35hrs |