

Angmering Bluebell 10km Trail Run 2010 - Provisional Results

Race Nos	First Name	Last Name	Age 31/12/10	Category	Gender	Club or Location	Time	Position
1	Chris	Jack	41	Veteran	Male	Chichester Runners	00:38:30	1
451	Del	Wallace	30	Senior	Male	A Runners	00:38:33	2
349	GLEN	TURNER	29	Senior	Male	BLACKHEATH & BROMLEY HARRIERS	00:38:38	3
143	Phil	Guest	54	Supervet	Male	Portsmouth Joggers	00:39:00	4
161	Matt	Horrocks	38	Senior	Male	Sompting	00:39:22	5
442	Yvette	Grice	30	Senior	Female	Bodyworks XTC	00:39:50	6
457	Martin	Haylock	33	Senior	Male	None	00:40:19	7
20	Matt	Bach	27	Senior	Male	Brighton	00:40:39	8
238	Robin	Mortimer	38	Senior	Male	Dorking	00:40:53	9
421	andrew	Ruffer	34	Senior	Male	Tuff Fitty Triathlon Club	00:41:05	10
252	Andy	Nisbet	43	Veteran	Male	Worthing Harriers	00:41:11	11
77	julian	Carolan	36	Senior	Male	Wacky Racers	00:41:20	12
69	Christopher	Burgin	35	Senior	Male	Worthing Striders	00:41:24	13
206	PHILIP	MAGGS	35	Senior	Male	WISBOROUGH GREEN	00:41:25	14
396	Jason	Burkinshaw	35	Senior	Male	Glaceau Vitamin Water	00:41:32	15
177	Ian	Jewison	32	Senior	Male	Serpentine RC	00:41:52	16
370	Richard	Wilks	49	Veteran	Male	Tri UK	00:41:59	17
133	Paul	Gasson	57	Supervet	Male	Arena 80	00:42:07	18
66	Lorna Rebecca	Bukhory	38	Senior	Female	Southampton RC	00:42:16	19
310	Anthony	Shaw	23	Senior	Male	Crawley AC	00:42:24	20
94	Stephen	Dallman	36	Senior	Male	Haywards Heath	00:42:35	21
503	James	Stephenson	34	Senior	Male		00:42:50	22
3	Cassandra	Rugginz	30	Senior	Female	loxwood	00:43:12	23
43	David	Binns	46	Veteran	Male	Worthing Striders	00:43:27	24
110	Ewan	Dunlop	26	Senior	Male	Tewkesbury	00:43:35	25
380	Caroline	Wood	47	Veteran	Female	Arena 80	00:43:39	26
57	James	Bright	23	Senior	Male	Lingfield	00:44:05	27
27	Alistair	Baldwin	38	Senior	Male	Brighton	00:44:28	28
166	PETER	HUTSON	40	Veteran	Male	GODALMING	00:44:37	29
19	TERRY	AVEY	59	Supervet	Male	PHOENIX AC	00:44:40	30
218	STEPHEN	MCCULLOCH	32	Senior	Male	PORTSMOUTH	00:44:42	31
85	ALAN	CLARKE	60	Supervet	Male	WORTHING & DISTRICT HARRIERS	00:44:53	32
315	marcus	shields	33	Senior	Male	Ayr Roads Triathlon	00:44:57	33
189	Tim	Knight	39	Senior	Male	Borden	00:45:01	34
172	GARRY	JACKSON	37	Senior	Male	GREENHITHE	00:45:12	35
415	MARTIN	MILLER	63	Supervet	Male	HERCULES WIMBLEDON AC	00:45:14	36
282	Christian	Powell	31	Senior	Male	Tuff Fitty Triathlon Club	00:45:22	37
31	DAVID	BARNES	35	Senior	Male	WIMBLEDON WINDMILERS	00:45:30	38
187	A	Klym	41	Veteran	Female	Borden	00:45:33	39
505	Peter	Morley	51	Supervet	Male		00:45:38	40
4	NATASHA	SWAN	36	Senior	Female	SEAFORD STRIDERS	00:45:46	41
185	Steven	Kircher	43	Veteran	Male	Brighton	00:45:49	42
323	Richard	Stack	38	Senior	Male	Stoke Newington	00:45:51	43
433	Graham	Powell	46	Veteran	Male	Tom Hills Experience	00:46:09	44
37	Gareth	Belfield	33	Senior	Male	Haywards Heath	00:46:13	45
420	Terry	Roberts	63	Supervet	Male	Fittleworth Flyers	00:46:15	46
431	Matt	Barnes	28	Senior	Male	The Fox Pub	00:46:16	47
139	Simon	gilbert	52	Supervet	Male	Tone Zone Runners	00:46:44	48
126	dave	ford	41	Veteran	Male	Worthing	00:46:46	49
446	Mark	Stephenson	51	Supervet	Male	Arena 81	00:46:48	50
284	Alan	Purkiss	63	Supervet	Male	The Stragglers	00:46:54	51
485	Jo	Meaney	28	Senior	Female		00:47:08	52
41	Steve	Berrett	28	Senior	Male	Worthing	00:47:23	53
494	Nick	Gosling	46	Veteran	Male		00:47:33	54
138	Henry	Gibson	23	Senior	Male	London	00:47:47	55
255	Tom	Nutt	27	Senior	Male	Brighton	00:47:56	56
496	D	McMahon	46	Veteran	Male	Tuff Fitty Triathlon Club	00:48:05	57
447	Isobel	Muir	32	Senior	Female	Arena 80 AC	00:48:10	58
419	Matt	Reeve	27	Senior	Male	Fermanagh	00:48:21	59
152	hannily	harvey	24	Senior	Female	brighton	00:48:22	60
137	Lee	Gerry	37	Senior	Male	Shoreham Sharks	00:48:23	61
179	Peter	Jones	45	Veteran	Male	Arunners	00:48:23	62
230	anthony	Merrett	28	Senior	Male	Brighton	00:48:29	63
194	Michael	Laycock	37	Senior	Male	Stoke Newington	00:48:30	64
167	Stuart	Hutson	35	Senior	Male	Witley	00:48:31	65
466	Jim	Hool	39	Senior	Male		00:48:34	66
130	Sam	Francis	33	Senior	Female	Portsmouth	00:48:35	67
444	Niall	Tierney	39	Senior	Male	Crawley Tri	00:48:35	68
486	Simon	Stoner	54	Supervet	Male	Shoreham-by-Sea	00:48:36	69
269	Jeremy	Patterson	42	Veteran	Male	Brighton	00:48:44	70
236	Gary	Moore	36	Senior	Male	West Chiltington	00:48:45	71
487	Joe	Moore	15	Junior	Male		00:48:46	72
16	John	Aston	29	Senior	Male	Hove	00:48:52	73
210	Rose	Marshall	28	Senior	Female	Brighton	00:49:20	74
79	RUSSELL	CARR	46	Veteran	Male	SELSEY	00:49:30	75
169	JANNION	IRELAND	52	Supervet	Female	FITTLEWORTH FLYERS	00:49:33	76

331	PAUL	STEZAKER	58	Supervet	Male	WORTHING STRIDERS	00:49:35	77
176	Mark	Jerling	49	Veteran	Male	Worthing	00:49:38	78
489	Ben	Whiston	35	Senior	Male		00:49:39	79
235	STEVE	MOLLOY	41	Veteran	Male	W WORTHING	00:49:42	80
118	ANNE KARI	ENES	40	Veteran	Female	TONEZONE RUNNERS	00:49:46	81
251	Roger	Nicholson	39	Senior	Male	Brighton College	00:49:48	82
453	Simon	Watts	41	Veteran	Male	None	00:49:50	83
454	Stewart	Mackman	53	Supervet	Male	Blue Stars Harriers	00:49:51	84
376	GRANT	WILMOT	34	Senior	Male	GRANT WILMOT	00:49:55	85
289	Lesley	Rainger	37	Senior	Female	Chichester	00:49:59	86
461	Stuart	Evans	44	Veteran	Male	Crawley	00:50:03	87
480	Adam	Stanforth	28	Senior	Male	Jolly Boys	00:50:10	88
456	Jacqueline	Sheppard	47	Veteran	Female	A Runners	00:50:23	89
474	Frank	Pickering	35	Senior	Male	Durley Chine RC	00:50:33	90
390	Sheena	Bassett	49	Veteran	Female	Mels Milers	00:50:35	91
88	MARK	COYLE	43	Veteran	Male	PULBOROUGH	00:50:43	92
469	Shona	Campbell	31	Senior	Female	Brighton	00:50:44	93
275	Howard	Pickett	39	Senior	Male	Mid Sussex Triathlon Club	00:50:50	94
297	stuart	robson	38	Senior	Male	hove	00:51:02	95
481	Richard	Payne	41	Veteran	Male		00:51:04	96
399	Colin	Bushby	63	Supervet	Male	Arena 80	00:51:05	97
260	stephen	page	41	Veteran	Male	BOGNER REGIS	00:51:08	98
199	Andy	Lindress	25	Senior	Male	Worthing	00:51:12	99
434	Luke	Hull	32	Senior	Male	None	00:51:15	100
482	Ashley	Taylor	27	Senior	Male	Jolly Boys	00:51:26	101
159	JOHN	HIGGS	48	Veteran	Male	The Face of Bo	00:51:27	102
471	Tony	Beer	58	Supervet	Male		00:51:28	103
463	helen	gamble	34	Senior	Female	Castlerock	00:51:30	104
90	Paul	Crone	54	Supervet	Male	Worthing	00:51:31	105
18	Lee	Atkinson	26	Senior	Male	Lancing	00:51:34	106
121	Christine	Farnham	48	Veteran	Female	Oxted Runners	00:51:35	107
122	Karen	Farnham	48	Veteran	Female	Oxted Runners	00:51:36	108
82	Martin	Catling	42	Veteran	Male	Arunners	00:51:37	109
439	Brian	Waterfield	42	Veteran	Male	Chichester Runners	00:51:38	110
403	Jurgen	Dissmann	28	Senior	Male	None	00:51:39	111
35	Ian	Bayley	43	Veteran	Male	Tone Zone Runners	00:51:40	112
270	Lydia	Pearce	43	Veteran	Female	Worthing	00:51:41	113
180	PHIL	JONES	47	Veteran	Male	PETWORTH	00:51:51	114
195	stephen	layland	34	Senior	Male	Poole	00:51:55	115
364	Alan	White	51	Supervet	Male	Stubbington Green Runners & AC	00:52:02	116
358	Karen	Watson	49	Veteran	Female	Wisborough Green	00:52:05	117
381	tony	woollard	53	Supervet	Male	burgess hill	00:52:07	118
448	Paul	Weston	52	Supervet	Male	Horsham Joggers	00:52:08	119
81	Luke	Carter	41	Veteran	Male	Eastbourne	00:52:10	120
484	Ruth	Saunders	39	Senior	Female	Steyning AC	00:52:10	121
240	Andrew	Moulding	46	Veteran	Male	Worthing	00:52:30	122
200	John	Little	40	Veteran	Male	Lancing Eagles	00:52:37	123
165	sarah	hunt	41	Veteran	Female	Brighton	00:52:45	124
267	Robin	Parris	61	Supervet	Male	Haywards Heath	00:52:46	125
501	andrew	aherne	30	Senior	Male	london	00:52:47	126
115	chris	edmunds	46	Veteran	Male	littlehampton	00:53:07	127
365	Adam	Whitmee	25	Senior	Male	Whitmee Sportivo Elite	00:53:08	128
96	dawn	davis	44	Veteran	Female	Fittleworth Flyers	00:53:14	129
333	Kristina	Stiles	32	Senior	Female	Lindfield	00:53:19	130
58	David	Bright	52	Supervet	Male	Lingfield	00:53:23	131
112	Louise	Dutch	34	Senior	Female	Dorset Police	00:53:25	132
17	RHYS	ATKINSON	36	Senior	Male	CRAWLEY DOWN	00:53:43	133
258	Caeti	O'Dwyer	39	Senior	Female	BOGNER REGIS	00:53:45	134
202	Nicolas	Locker	33	Senior	Male	Guildford	00:53:49	135
127	Simon	Fox	39	Senior	Male	BOGNER REGIS	00:53:53	136
477	Lee	Beech	31	Senior	Male		00:53:58	137
374	Ann	Williamson	35	Senior	Female	Crawley	00:53:59	138
168	Stephen	Hyde	40	Veteran	Male	Fareham	00:54:05	139
285	Ian	Puttock	41	Veteran	Male	Worthing	00:54:11	140
148	RUSSELL	HARMSWORTH	47	Veteran	Male	SOUTH CROYDON	00:54:12	141
347	kevin	triggs	56	Supervet	Male	Fittleworth Flyers	00:54:12	142
184	spencer	kemp	59	Supervet	Male	Dr Love & Disciples + Southwick Strollers	00:54:13	143
108	rowen	douglas	26	Senior	Female	storrington	00:54:13	144
308	tom	seaman	37	Senior	Male	deepdene	00:54:15	145
493	Julia	Herman	44	Veteran	Female		00:54:21	146
104	Elaine	Donut	53	Supervet	Female	Haywards Heath	00:54:23	147
191	MARTYN	LANGTON	38	Senior	Male	CUCKFIELD	00:54:27	148
34	CAROLINE	BATH	37	Senior	Female	ANSTY	00:54:35	149
492	G	Herman	42	Veteran	Male		00:54:36	150
287	Gavin	Puttock	33	Senior	Male	Worthing	00:54:38	151
353	Victor	Underwood	67	Supervet	Male	East Grinstead AC	00:54:38	152
426	Denise	Wadeson	38	Senior	Female	Worthing Harriers	00:54:38	153
430	Matt	Arnold	36	Senior	Male	The Fox Pub	00:54:38	154

246	GRACE	NATOLI	40	Veteran	Female	TONE ZONE	00:54:50	155
378	Eddie	Winter	41	Veteran	Male	Arena 80	00:54:51	156
398	david	burton	56	Supervet	Male	Dorking & Mole Valley AC	00:54:51	157
405	Carolyn	EVA	30	Senior	Female	Worthing Harriers	00:55:05	158
506	Jim	Bernardin	44	Veteran	Male		00:55:10	159
401	TOM	CARTLEDGE	46	Veteran	Male	LINGFIELD RUNNING CLUB	00:55:14	160
26	Peter	Chittenden	72	Supervet	Male	TONE ZONE RUNNERS	00:55:17	161
450	Jeffrey	Marriott	61	Supervet	Male	None	00:55:18	162
497	Paul	Brown	34	Senior	Male		00:55:21	163
273	RUTH	PEARSON	27	Senior	Female	WREXHAM	00:55:23	164
299	Sue	Rowley	53	Supervet	Female	Ferring	00:55:26	165
84	David	Clark	52	Supervet	Male	Hove	00:55:27	166
44	RACHEL	BLACK	33	Senior	Female	BOGNER REGIS	00:55:29	167
468	Martin	Robson	70	Supervet	Male	Midhurst Milers	00:55:30	168
163	Julie	Howey	54	Supervet	Female	Telscombe Cliffs	00:55:31	169
354	Linda	Venis	57	Supervet	Female	Worthing Harriers	00:55:35	170
498	Liz	Burles	32	Senior	Female		00:55:36	171
372	Rachelle	Williams	36	Senior	Female	Worthing Striders	00:55:37	172
6	Adrian	Adsett	53	Supervet	Male	Worthing	00:55:38	173
39	Gill	Berglund	53	Supervet	Female	Burgess Hill Runners	00:55:40	174
257	Rachel	O'Brien	42	Veteran	Female	Southwick Strollers	00:55:41	175
220	Sarah	McGlynn	28	Senior	Female	Brighton	00:55:44	176
263	Julia	Park	47	Veteran	Female	Stubbington Green Runners & AC	00:55:45	177
443	Zoe	Tetlow	43	Veteran	Female	A2 Tri	00:55:48	178
445	Phyl	Weston	45	Veteran	Female	Horsham Joggers	00:55:52	179
340	Jo	Taylor	56	Supervet	Female	Worthing Striders	00:55:53	180
9	Ann	Allcock	50	Supervet	Female	Hove	00:55:54	181
24	Rob	Bailey	48	Veteran	Male	Emsworth	00:56:00	182
124	Brian	Fitzgerald	56	Supervet	Male	Aldingbourne	00:56:03	183
316	Richard	Simpson	40	Veteran	Male	Brighton	00:56:03	184
424	Stuart	Thomson	51	Supervet	Male	Tone Zone Runners	00:56:05	185
369	Dean	Widdows	46	Veteran	Male	Worthing	00:56:10	186
247	PAUL	NEALE	47	Veteran	Male	HORSHAM	00:56:12	187
136	Paul	Gerry	33	Senior	Male	Shoreham Sharks	00:56:13	188
188	Paula	Knee	43	Veteran	Female	Brighton	00:56:14	189
427	John	Walters	41	Veteran	Male	Lewes Athletics Club	00:56:29	190
411	suzanne	Holliman	40	Veteran	Female	Iewes athletics club	00:56:30	191
470	Andy	Collins	38	Senior	Male		00:56:40	192
109	Peter	Dowdell	43	Veteran	Male	Brighton Phoenix Tri	00:56:41	193
151	Felicity	Hartnett	37	Senior	Female	London	00:56:42	194
460	Noname	Male	46	Veteran	Male	Tone Zone Runners	00:56:45	195
422	sophie	ruffer	33	Senior	Female	None	00:56:46	196
348	Lesley	Tugwell	36	Senior	Female	Worthing Harriers	00:57:00	197
49	debbie	boxall	31	Senior	Female	angmering	00:57:05	198
217	CHARLOTTE	MCAREE	36	Senior	Female	SOUTH CROYDON	00:57:12	199
298	IAN	ROSEWARNE	41	Veteran	Male	BOGNER REGIS	00:57:15	200
123	David	Feintuck	59	Supervet	Male	Lewes AC	00:57:18	201
147	Elliot	Harding	40	Veteran	Male	Fittleworth Flyers	00:57:26	202
402	david	daughtrey	48	Veteran	Male	100 Club	00:57:28	203
459	Alison	Sawyer	43	Veteran	Female		00:57:40	204
38	ANDY	BENNETT	42	Veteran	Male	CHICHESTER	00:57:41	205
356	Cathryn	Walsh	41	Veteran	Female	PHOENIX AC	00:57:42	206
416	Mercy	Morris	44	Veteran	Female	Womens Running Network	00:57:45	207
490	Kay	Johnson	36	Senior	Female		00:57:48	208
408	linda	foster	34	Senior	Female	None	00:57:50	209
328	paul	Stenning	51	Supervet	Male	Arundel	00:57:56	210
429	Ann	Williams	54	Supervet	Female	Mels Milers	00:57:58	211
440	Mick	Millyard	56	Supervet	Male	None	00:58:00	212
114	Nicky	Edgeley	46	Veteran	Female	Petworth	00:58:01	213
407	JACQUELINE	FOSTER	28	Senior	Female		00:58:02	214
216	amy	maughan	28	Senior	Female	worthing	00:58:03	215
306	Colin	Seager	39	Senior	Male	Whitehill	00:58:04	216
479	Anthony	Coad-Ginde	23	Senior	Male		00:58:15	217
55	Elle	Breeds	29	Senior	Female	Brighton	00:58:20	218
318	Iars	skagerlind	60	Supervet	Male	east preston	00:58:21	219
256	kay	nuttall	29	Senior	Female	hove	00:58:25	220
186	Lucy	Kircher	36	Senior	Female	Brighton	00:58:26	221
100	Maddy	Debuse	39	Senior	Female	Brighton	00:58:27	222
432	Paul	Moore	48	Veteran	Male	The Fox Pub	00:58:28	223
452	Susannah	Bush	30	Senior	Female	None	00:58:29	224
45	Rachel	Blount	43	Veteran	Female	Littlehampton	00:58:30	225
178	Lizzie	Jolley	31	Senior	Female	Brighton Phoenix Tri	00:58:37	226
311	Cath	Shelley	42	Veteran	Female	lytcehtt manor striders	00:58:40	227
276	NINA	PINKERTON	58	Supervet	Female	SOUTH LONDON HARRIERS	00:58:44	228
125	STEVE	FLOOK	61	Supervet	Male	MELS MILERS @ CH	00:58:52	229
262	Zoya	Panahlo	34	Senior	Female	Haywards Heath	00:58:52	230
326	ANDY	START	39	Senior	Male	HOVE	00:58:52	231
404	Heather	Dupay	49	Veteran	Female	100 Club	00:58:53	232

425	RICHARD	TURNER	33	Senior	Male		00:59:00	233
455	David	Bruford	45	Veteran	Male	None	00:59:00	234
237	Sarah	Morris	30	Senior	Female	Littlehampton	00:59:06	235
373	Deborah	Williamson	42	Veteran	Female	Coventry	00:59:08	236
351	KIMBERLEY	TYRELL	24	Senior	Female	CHICHESTER	00:59:09	237
363	David	WEST	45	Veteran	Male	Seaford	00:59:18	238
346	Iavinia	triggs	54	Supervet	Female	Fittleworth Flyers	00:59:27	239
317	Suzanne	sinharay	34	Senior	Female	Epsom	00:59:36	240
40	Kjell	Berglund	64	Supervet	Male	Burgess Hill runners	00:59:39	241
264	KATE	PARKS	36	Senior	Female	EMSWORTH	00:59:44	242
274	David	Peters	68	Supervet	Male	Vets AC	00:59:44	243
213	Bluebell	Martin	34	Senior	Female	London	00:59:51	244
78	Philippa	Carr	31	Senior	Female	Brighton	00:59:52	245
222	Kay	Mcmenamin	40	Veteran	Female	Mid Sussex Triathlon Club	00:59:55	246
135	Lizzie	Gerard	25	Senior	Female	Chichester Triathlon Club	01:00:00	247
192	Jon	Larkin	51	Supervet	Male	Kusnacht	01:00:00	248
428	Paul	Welch	40	Veteran	Male	Guernsey	01:00:00	249
72	Steve	Buss	58	Supervet	Male	Northfleet	01:00:10	250
32	susanna	bartlett	40	Veteran	Female	Brighton	01:00:15	251
51	Steve	Boyne	52	Supervet	Male	East Grinstead Tri Club	01:00:15	252
154	Mike	Hatton	67	Supervet	Male	Worthing	01:00:15	253
473	Melanie	Marlow	57	Supervet	Female	Mels Milers Jogging Club	01:00:15	254
227	branwen	melville	41	Veteran	Female	Havant	01:00:15	255
271	Lawrence	Pearce	44	Veteran	Male	Worthing	01:00:15	256
325	Selma	Stafford	38	Senior	Female	Hurstpierpoint	01:00:15	257
488	John	Conners	42	Veteran	Male		01:00:15	258
464	Karen	Wigmore	54	Supervet	Female	A2 Tri	01:00:36	259
467	Julie	Gallagher	50	Supervet	Female	A2 Tri	01:00:37	260
47	LYNNE	BOULTON	48	Veteran	Female	EAST PRESTON	01:00:40	261
150	michelle	hart	43	Veteran	Female	Worthing	01:00:42	262
438	Steve	Piggott	38	Senior	Male	None	01:00:44	263
414	shaun	meaney	41	Senior	Male	None	01:00:47	264
116	GLYN	EDWARDS	25	Senior	Male	HAYWARDS HEATH	01:00:51	265
203	sarah	lockyer	48	Veteran	Female	havant	01:00:54	266
142	Steven	Gray	54	Supervet	Male	Burgess Hill	01:00:55	267
232	Julian	Middlewick	38	Senior	Male	Portsmouth	01:01:08	268
231	Yvonne	Middlewick	40	Veteran	Female	Portsmouth	01:01:10	269
214	Sarah	Martindale	28	Senior	Female	Chichester	01:01:11	270
157	MIKE	HENDRY	62	Supervet	Male	Arunners Littlehampton	01:01:12	271
393	jacqui	black	42	Veteran	Female	Tuff Fitty Triathlon Club	01:01:13	272
250	Richard	Nichols	45	Veteran	Male	West Wittering	01:01:19	273
224	Hugh	McMullan	52	Supervet	Male	Stubbington Green Runners & AC	01:01:24	274
462	Tracey	Tizzard	44	Veteran	Female	worthing runnersisters	01:01:36	275
476	Richard	McFarlane	61	Supervet	Male		01:01:38	276
201	Hwa-Lon	LIU	42	Veteran	Male	Horsham	01:01:41	277
215	NICOLA	MASHAM	45	Veteran	Female	LITTLEHAMPTON	01:01:42	278
243	Maria	Murphy	44	Veteran	Female	Portsmouth	01:01:55	279
144	julie	guy	52	Supervet	Female	Running Sisters - Worthing	01:01:59	280
182	Bridget	Juniper	46	Veteran	Female	Serpentine RC	01:02:05	281
296	Pauline	Robinson	55	Supervet	Female	Portsmouth Joggers	01:02:06	282
458	Craig	Mackay	64	Supervet	Male		01:02:18	283
5	Kerry	Abbs	38	Senior	Female	Worthing	01:02:22	284
248	WARREN	NEL	38	Senior	Male	TONBRIDGE	01:02:27	285
254	Julie	Nowell	35	Senior	Female	Team REP	01:02:30	286
413	Samantha	Marshall	41	Veteran	Female	None	01:02:36	287
389	Salli	Anstey	41	Veteran	Female	None	01:02:37	288
91	Judith	Crouch Algorta	40	Veteran	Female	Worthing	01:02:45	289
341	Penny	Brown	49	Veteran	Female		01:02:49	290
377	Karen	Wilson	41	Veteran	Female	Fittleworth Flyers	01:02:49	291
48	Ann	Bower	60	Supervet	Female	Worthing	01:02:54	292
98	Janne	de Haan	36	Senior	Female	London	01:02:55	293
212	Talia	Martin	37	Senior	Female	Brighton	01:02:56	294
140	Anna	Graham	42	Veteran	Female	Bristol	01:02:57	295
472	Kim	Hatton	35	Senior	Female	Durley Chine RC	01:03:00	296
219	edward	mcevoy	32	Senior	Male	Portsmouth Joggers	01:03:03	297
233	Bryony	Mitcham	28	Senior	Female	Hove	01:03:04	298
93	Richard	Culver	30	Senior	Male	Hove	01:03:05	299
28	Simon	Barnard	41	Veteran	Male	Midhurst	01:03:06	300
436	Tina	Heelis	41	Veteran	Female	None	01:03:07	301
435	Julian	Heelis	50	Supervet	Male	None	01:03:20	302
60	chris	brown	25	Senior	Male	deepdene	01:03:21	303
76	WENDY	CANNON	45	Veteran	Female	TONE ZONE RUNNERS	01:03:21	304
204	Sarah	Lomri	32	Senior	Female	SW London	01:03:21	305
234	Debbie	Mitchell	48	Veteran	Female	Chichester	01:03:21	306
332	SANDRA	STEZAKER	59	Supervet	Female	WORTHING STRIDERS	01:03:21	307
387	Samantha	Yates	44	Veteran	Female	Tone Zone Runners	01:03:21	308
465	Ali	O'Neill	55	Supervet	Female	A2 Tri	01:03:21	309
89	Naomi	Creasey	27	Senior	Female	Arundel	01:03:24	310

87	Neil	Cox	31	Senior	Male	Rustington	01:03:45	311
395	Hannah	Brown	25	Senior	Female	Worthing Striders	01:03:50	312
394	Nigel	Brown	57	Supervet	Male	Nottinghamshire Police	01:03:51	313
291	LISA	RAYNOR	31	Senior	Female	UCKFIELD	01:03:52	314
197	DEE	LEEK	33	Senior	Female	WORTHING	01:03:54	315
30	Amanda	Barnden	42	Veteran	Female	Horsham	01:03:55	316
239	Katrin	Mothes	30	Senior	Female	Worthing	01:03:57	317
207	C	Marlow	64	Supervet	Male	Mels Milers Jogging Club	01:04:05	318
105	ian	Doubtfire	56	Supervet	Male	Storrington	01:04:07	319
338	Julienne	Stuart-Colwill	28	Senior	Female	Haywards Heath	01:04:10	320
67	Sophie	Burbridge	34	Senior	Female	London	01:04:15	321
198	Julia	Lindfield	32	Senior	Female	Shoreham-by-Sea	01:04:16	322
495	Sarah	Lowe	40	Veteran	Female	Brighton and Hove Women's Running Club	01:04:18	323
475	Paul	Widdecombe	36	Senior	Male	E London	01:04:26	324
483	Heather	Law	47	Veteran	Female		01:04:32	325
307	Victoria	Seale	38	Senior	Female	Running Sisters	01:04:36	326
117	SHARLA	ELDER	33	Senior	Female	WORTHING AND DISTRICT HARRIERS	01:04:39	327
441	Karen	Scutt	38	Senior	Female	None	01:04:40	328
74	CHARLOTTE	BYNG	32	Senior	Female	FAREHAM	01:04:42	329
241	Belinda	Muir	50	Supervet	Female	Brighton	01:04:44	330
242	Scott	Muir	45	Veteran	Male	Brighton	01:04:44	331
406	Kathryn	Ford	35	Senior	Female	None	01:04:48	332
410	ALISON	GROVES	44	Veteran	Female		01:04:50	333
309	LAURIE	SELBY	46	Veteran	Male	BRIGHTON	01:04:56	334
337	SHEILA	STUART	58	Supervet	Female	HAYWARDS HEATH	01:05:00	335
245	james	nandu	25	Senior	Male	deepdene	01:05:01	336
63	Helen	Brown	29	Senior	Female	Worthing	01:05:02	337
312	Albert	Shepherd	60	Supervet	Male	Portsmouth Joggers	01:05:03	338
226	ERIKA	MEADES	44	Veteran	Female	ROWLANDS CASTLE	01:05:03	339
502	Sarah	Hardy	51	Supervet	Female		01:05:04	340
397	keely	burns	44	Veteran	Female	None	01:05:06	341
382	Birgit	Woolley	57	Supervet	Female	Trinity	01:05:11	342
107	fiona	douglas	48	Veteran	Female	storrington	01:05:12	343
339	caroline	taylor	47	Veteran	Female	storrington	01:05:13	344
119	Jo	Evans	40	Veteran	Female	Havant	01:05:16	345
375	ZOE	WILLITTS	34	Senior	Female	WIMBLEDON WINDMILERS	01:05:16	346
25	NICK	BAILEY	53	Supervet	Male	VICTORY AC	01:05:23	347
64	Cass	Brownlow Davies	35	Senior	Female	Shoreham by Sea	01:05:23	348
71	cathryn	bush	41	Veteran	Female	midhurst	01:05:23	349
97	KIM	DAWES	44	Veteran	Female	BRIGHTON	01:05:23	350
155	LIZZIE	HAVERS	28	Senior	Female	EASTLEIGH RUNNING CLUB	01:05:23	351
265	Nathan	Parmar	17	Junior	Male	Worthing	01:05:23	352
266	Steve	Parmar-Greaves	36	Senior	Male	Worthing	01:05:23	353
504	Cassandra	McManus	32	Senior	Female		01:05:23	354
283	Chris	Pugh	32	Senior	Male	Club 23	01:06:45	355
8	LOUISE	ALEXANDER	43	Veteran	Female	HOVE	01:06:48	356
50	Jules	Boyer	32	Senior	Female	Club 23	01:06:48	357
367	Daniel	Whitney	38	Senior	Male	BOGNER REGIS	01:07:03	358
478	Keith	Millar	37	Senior	Male		01:07:03	359
491	Rebecca	Scarratt	54	Supervet	Female	Worthing Running Sisters	01:07:13	360
80	Anna	Carter	36	Senior	Female	Eastbourne	01:07:30	361
499	Naomi	Crouch	37	Senior	Female		01:07:43	362
391	Steve	Belt	60	Supervet	Male	Trinity Tri (Swimming channel in 2010)	01:07:47	363
392	Daf	Belt	71	Supervet	Female	Trinity Tri & Ironlady Legend	01:07:47	364
383	AMANDA	WOOLVEN	43	Veteran	Female	GOSPORT	01:07:59	365
400	TANIA	CARTER	38	Senior	Female	ARUNNERS	01:08:10	366
83	liz	chapman	45	Veteran	Female	Ocean Fitness	01:08:24	367
223	len	mcmorrow	40	Veteran	Male	deepdene	01:08:25	368
343	Jemma	Thomas	27	Senior	Female	Rustington	01:08:37	369
412	Alistair	Jackson	67	Supervet	Male	Veterans AC	01:09:05	370
92	Gayle	Cullen	27	Senior	Female	Worthing	01:09:19	371
319	Chris	Sloggett	29	Senior	Male	Worthing	01:09:20	372
36	S	Bedding	46	Veteran	Female	Shoreham-By-Sea	01:09:22	373
29	GABRIELLE	BARNARD	41	Veteran	Female	MIDHURST	01:09:25	374
228	Craig	Melvin	40	Veteran	Male	Brighton	01:09:27	375
134	Susan	Gathergood	57	Supervet	Female	Shoreham-By-Sea	01:09:29	376
183	Mouna	KEHIL	38	Senior	Female	Brighton	01:09:40	377
68	Sandra	Burgess	50	Supervet	Female	Arunners Littlehampton	01:10:04	378
350	Nigel	Twiddy	40	Veteran	Male	West Wittering	01:10:04	379
171	dillen	iyavoo	37	Senior	Male	deepdene	01:10:27	380
170	ludmila	iyavoo	34	Senior	Female	deepdene	01:10:28	381
294	chris	riley	39	Senior	Male	Deepdene	01:10:29	382
56	DAWN	BRIGGS	45	Veteran	Female	CRAWLEY	01:10:40	383
417	DOMINIC	NORWELL	29	Senior	Male		01:10:41	384
225	Jacqueline	McMullan	49	Veteran	Female	Stubbington Green Runners & AC	01:10:57	385
322	Josie	Spooner	38	Senior	Female	Worthing	01:11:14	386
302	Sue	Saunders	48	Veteran	Female	Rustington	01:11:15	387
146	Emmajane	Harding	38	Senior	Female	Fittleworth Flyers	01:11:28	388

500	MARK	LAWSON	34	Senior	Male	LEWES	01:12:14	389
290	LIANE	RANABOLDO	31	Senior	Female	BOGNER REGIS	01:12:15	390
259	Jade	Overy	27	Senior	Female	Lewes	01:12:17	391
99	Jan	de Landtsheer	60	Supervet	Male	Arunners	01:12:28	392
292	Mick	Reding	61	Supervet	Male	Haywards Heath	01:12:28	393
437	Emma	Piggott	39	Senior	Female	None	01:13:15	394
272	ROWENA	PEARSON	55	Supervet	Female	PORTSMOUTH	01:13:16	395
423	Wendy	Squires	62	Supervet	Female	Arunners	01:13:16	396
409	mary	goodchild	67	Supervet	Female	None	01:13:39	397
249	KERRY	NELSON	37	Senior	Female	FAREHAM	01:14:43	398
388	Alison	Young	43	Veteran	Female	Upper Beeding	01:16:55	399
279	Jon	Plater	33	Senior	Male	Portsmouth	01:17:44	400
86	SAM	CLIST	31	Senior	Female	ARUNDEL	01:21:55	401
295	LISA	ROBINSON	30	Senior	Female	ARUNDEL	01:21:56	402
293	christopher	rhodes	53	Supervet	Male	arunners rc	01:22:07	403
342	Paul	Thomas	49	Veteran	Male	Brighton Phoenix Tri	01:23:50	404
366	Keith	Whitmee	66	Supervet	Male	Whitmee Sportivo Elite	01:25:13	405
303	Rosemarie	Sayers	73	Supervet	Female	Henfield Joggers	01:26:00	406
52	Brian	Bracey	72	Supervet	Male	Henfield Joggers	01:26:01	407
335	joyce	stowe	53	Supervet	Female	worthing runnersisters	01:31:30	408
2	Tom	Jackson	51	Supervet	Male	Team REP	00:00:00	409
10	Lucia	Alvarez-Staden	36	Senior	Female	Fittleworth	00:00:00	410
11	matt	andrews	40	Veteran	Male	brighton	00:00:00	411
12	Linda	Antram	50	Supervet	Female	Findon	00:00:00	412
13	Gaby	Appleton	34	Senior	Female	London	00:00:00	413
14	CHARLOTTE	ARGENT	31	Senior	Female	WORTHING	00:00:00	414
15	CRAIG	ARMOUR	51	Supervet	Male	EASTBOURNE	00:00:00	415
21	Amy	Bach	26	Senior	Female	Brighton	00:00:00	416
22	john	bailey	54	Supervet	Male	Bournemouth	00:00:00	417
23	lorraine	Bailey	45	Veteran	Female	Bournemouth	00:00:00	418
33	Pete	Basford	34	Senior	Male	Chichester	00:00:00	419
42	GARY	BINGHAM	42	Veteran	Male	CROYDON	00:00:00	420
46	Allison	Bone	44	Veteran	Female	Portsmouth Joggers	00:00:00	421
53	peter	Brackley	43	Veteran	Male	walberton	00:00:00	422
54	meg	Brackley	37	Senior	Female	Walberton	00:00:00	423
59	David	Brindley	48	Veteran	Male	Arena 80 ac	00:00:00	424
61	HEATHER	BROWN	44	Veteran	Female	GUILDFORD	00:00:00	425
62	PAUL	BROWN	39	Senior	Male	GUILDFORD	00:00:00	426
65	Terry	Bryan	64	Supervet	Male	Haywards Heath Harriers	00:00:00	427
70	Rebecca	Burton	25	Senior	Female	Aldershot	00:00:00	428
73	Cassie	Byfield	32	Senior	Female	Tone Zone Runners	00:00:00	429
95	Iain	Davis	44	Veteran	Male	Brighton	00:00:00	430
101	Nigel	Dobinson	56	Supervet	Male	Pagham	00:00:00	431
102	Frances	Dobinson	41	Veteran	Female	Pagham	00:00:00	432
103	Pat	Donat	61	Supervet	Male	Haywards Heath	00:00:00	433
106	gavin	douglas	59	Supervet	Male	storrington	00:00:00	434
111	JAMES	DUNN	32	Senior	Male	BRIGHTON	00:00:00	435
113	James	Dyson	38	Senior	Male	Fareham Crusaders	00:00:00	436
120	SHARON	EWER	42	Veteran	Female	GUILDFORD	00:00:00	437
128	Victoria	Fox	40	Veteran	Female	London	00:00:00	438
129	Graham	Fox	49	Veteran	Male	Road Runners Club	00:00:00	439
131	REBECCA	FREESTONE	36	Senior	Female	WORTHING	00:00:00	440
141	Ian	Gravenor	40	Veteran	Male	Hove	00:00:00	441
145	jackie	hall	44	Veteran	Female	brighton	00:00:00	442
149	Collette	Harrison	50	Supervet	Female	Dulwich Park Runners	00:00:00	443
153	karen	harvey	41	Veteran	Female	hurstpiepoint	00:00:00	444
156	Simon	Hawkes	31	Senior	Male	Brighton College	00:00:00	445
158	Kevin	Higgs	46	Veteran	Male	Andover	00:00:00	446
160	Alice	Holmes	35	Senior	Female	London	00:00:00	447
162	MARK	HOWARTH	52	Supervet	Male	HORSHAM JOGGERS	00:00:00	448
164	Helena	Hudson	44	Veteran	Female	Brighton	00:00:00	449
173	Emma	Jacquest	43	Veteran	Female	Brighton	00:00:00	450
174	Nikki	Jane	32	Senior	Female	Haywards Heath	00:00:00	451
175	PAUL	JARVIS	45	Veteran	Male	TONEZONE RUNNERS	00:00:00	452
181	ROGER	JONES	55	Supervet	Male	WATERLOOVILLE	00:00:00	453
190	PAUL	KNIVETT	39	Senior	Male	DORKING	00:00:00	454
196	KEITH	LEATHERBARROW	61	Supervet	Male	LINGFIELD RC	00:00:00	455
205	KATHLEEN	MACLEOD	32	Senior	Female	BRIGHTON	00:00:00	456
209	Estelle	Marsh	34	Senior	Female	Isleworth	00:00:00	457
211	Francesca	Martelly	34	Senior	Female	Worthing	00:00:00	458
221	LOLA	MCKAY	24	Senior	Female	BERSTED	00:00:00	459
229	Nicole	Mendelsohn	37	Senior	Female	Barnet	00:00:00	460
244	AMY	MURPHY-WATTS	37	Senior	Female	LIPHOOK	00:00:00	461
253	David	Notman-Watt	40	Veteran	Male	Brighton	00:00:00	462
261	mike	palmer	32	Senior	Male	Angmering	00:00:00	463
268	SIMON	PATIENT	41	Veteran	Male	MAIDSTONE	00:00:00	464
277	Jonquil	Pinto	36	Senior	Female	London	00:00:00	465
278	Alexandra	Pitt Ford	28	Senior	Female	Chichester	00:00:00	466

280	jo	powell	57	Supervet	Female	BOGNER REGIS	00:00:00	467
281	claire	powell	31	Senior	Female	BOGNER REGIS	00:00:00	468
286	Kevin	Puttock	35	Senior	Male	Worthing	00:00:00	469
288	Elaine	Quinn	45	Veteran	Female	Brighton	00:00:00	470
300	CLAIRE	SADLER	35	Senior	Female	LANCING	00:00:00	471
301	Tim	Salisbury	18	Junior	Male	Burgess Hill	00:00:00	472
305	Stephanie	Scheier	38	Senior	Female	Hove	00:00:00	473
313	john	Shepherd	60	Supervet	Male	Portsmouth Joggers	00:00:00	474
314	Gideon	Sherwood	34	Senior	Male	Portsmouth	00:00:00	475
320	Richard	Smith	70	Supervet	Male	Southwest Vets	00:00:00	476
321	SARAH	SMITHERMAN	45	Veteran	Female	MAIDSTONE	00:00:00	477
324	Andrew	Stadden	48	Veteran	Male	Arunners	00:00:00	478
327	Marc	Steene	50	Supervet	Male	Arena 80 ac	00:00:00	479
329	L	Stentiford	46	Veteran	Female	Arundel	00:00:00	480
336	Tim	Stretton	43	Veteran	Male	Chichester	00:00:00	481
344	Georges	Tijbosch	40	Veteran	Male	London	00:00:00	482
345	STEPHEN	TODD	48	Veteran	Male	ROWLANDS CASTLE	00:00:00	483
352	john	tyrrell	37	Senior	Male	worthing	00:00:00	484
355	Adrian	Wagstaff	39	Senior	Male	Team Crouch	00:00:00	485
357	Graham	Warnes	46	Veteran	Male	Hove	00:00:00	486
359	Matthew	Watts	29	Senior	Male	Lewes	00:00:00	487
360	RICHARD	WATTS	46	Veteran	Male	LIPHOOK	00:00:00	488
361	Paul	Welch	34	Senior	Male	Waterlooville	00:00:00	489
362	Craig	Wells	36	Senior	Male	Metropolitan Police Triathlon Club	00:00:00	490
371	DAVID	WILLETT	28	Senior	Male	PORTSMOUTH	00:00:00	491
379	THOMAS-ANDREW	WOBBLEBOTTOM	33	Senior	Male	BOGNER REGIS	00:00:00	492
384	Rachel	Wright	34	Senior	Female	Haywards Heath	00:00:00	493
385	Carol	Wright	47	Veteran	Female	Henfield Joggers	00:00:00	494
386	robert	wright	35	Senior	Male	london	00:00:00	495
418	Matthew	Reeve	27	Senior	Male	Fermanagh	00:00:00	496